



# St Bernadette's Roman Catholic Primary School

*Live the Gospel and when necessary use words*



## Bernadette's Blog

# Blooming Marvellous!

This week we decided to hold our very own Chelsea Flower Show.

Gardening Club at school has always been very popular and fills up in moments.

We know that we have lots of green fingered pupils!

We have had a great response from lots of pupils who have been busy tending and growing plants over the last ten weeks of this Home Learning.

Our show was also open to those children who prefer arts and crafts- there are some really beautiful creations.

Let's hope that gardening and growing produce is a life skill our youngsters will keep up when life returns to the new "normal"!

As Gertrude Jekyll said:

**"The love of gardening is a seed once sown that never dies."**



**Thank you to everyone who took part!**

We really do love seeing all your lovely faces!





# Green Fingers!





# Our Flower Show



# Home Learning and Achievements!

After sports week, Maggie and Joe were wondering how big the egg must have been from the giant's egg and spoon race!  
Brilliant!!



Evan was delighted to be named "Most Improved Player of the Season" by his football coach.  
Well done, Evan!  
That's great news!

Alice has been working on 3 guide badges; mixology, aspirations and upcycling. Great work, Alice!!



Ava and her family have built a den outside recycling lots of cardboard from home deliveries! They are going to paint it now!  
What a great idea!\*



Nathaniel had a fabulous visit to the beach!  
He has also made some pebble art.  
Loving the rainbow!



Kora has been joined in lockdown by some feathered friends!  
There will be no shortage of eggs in her house!  
(Mrs Royle kept hens for years -if you need any advice!)

We would love to see your ideas and all the Home learning and fun activities that are going on in your house. Don't forget tips for parents\*, rainbow moments, birthdays, holEY toast, achievements, acts of kindness etc etc Please send photos

[office@s-bernadettesprimary.co.uk](mailto:office@s-bernadettesprimary.co.uk) marked FAO Mrs McConville by Thursday, 10am.

Thank you!

**Happy  
Birthday!**

**Rainbow Moments**



**Next Week!**

Next week our challenge will be  
**Walking Hadrian's Wall!**  
Look out for details on Monday!!



**Important Information**

**Do you receive any of the following benefits ?**

- Income Support.
- Income-based Job Seekers Allowance.
- Income-related Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999.
- Pension Credit Guarantee.
- Child Tax Credit without Working Tax Credit & an annual taxable income below £16,190 (as assessed by HM Revenue and Customs).
- Universal Credit.

**If so you can apply for Free School Meals (Pupil Premium)**

**DID YOU KNOW THAT SCHOOLS RECEIVE FUNDING FOR UP TO 6 YEARS FOR ALL CHILDREN WHO ARE ON INCOME BASED FREE SCHOOL MEALS, EVEN IF THEY ARE ONLY ON THEM FOR A FEW WEEKS.**

It's really easy to apply, see the link on the "Parents Information" section of our website [st-bernadettesprimary.co.uk](http://st-bernadettesprimary.co.uk) or applications can be taken over the telephone by calling (0191) 643 2288. Of course please feel free to contact the school office if you have any queries.

Please note this is different to Universal Free School Meals which are now available to all children in Reception, Year 1 and Year 2. If your child is in these year groups and you are entitled to Income based free school meals we would urge you to still apply for them,

# Preparing Your Child To Return To School (For those it may concern)

POCKET FAMILY PSYCHOLOGIST

HELPING YOUR CHILDREN RETURN TO SCHOOL

[www.pocketfamilypsychologist.com](http://www.pocketfamilypsychologist.com)

## 1

**Make school familiar and interesting again**

Walk past school, talk about teachers and friends, play (new schools), set up some video calls with friends, get a new lunch box

## 2

**Show confidence in teachers and school**

Teachers are very focused on child mental health at the moment. Let your child know you trust their teachers to take good care of them

## 3

**Assure your child things will be different now**

We suspect, like you, many children do not want to go back to the old busy ways. Assure your child that there will be less time in school and classes will be much calmer with more 1:1 time with their teacher

## 4

**Notice and allow worries**

It is normal to feel worried and uncomfortable, everything feels so uncertain. But assure yourself and your child that you will be able to cope and respond to whatever challenges emerge

## 5

**Start to increase routine and safety cues now**

Start to creep back to school routines and include lots of safety cues or anchors in daily life. You could have a packed lunch each day this week and put in some treats that will be consistent next week

## Forwarded Information

NEVER ALONE



**NSPCC**  
0808 800 5000  
(24hrs)

**National Domestic Abuse Helpline**  
0808 2000 247  
(24hrs free)

**Mind**  
0300 123 3393  
(Mon-Fri 9-6)

**Victim Support**  
0808 168 9111  
(24hrs)

**Cruse Bereavement**  
0800 808 1677  
(Mon-Fri 9-5)

**ChildLine**  
0800 1111  
(24hrs)

**Action on Elder Abuse**  
0808 808 8141  
(Mon-Fri 9-5)

**Respect - Men's Advice Line**  
0808 801 0327  
(Mon-Fri 9-5or8pm)

**Samaritans**  
116 123  
(24hrs free)

**National Centre for Domestic Violence**  
0207 186 8270

## Domestic abuse – Where to get help during the Covid-19 pandemic

For 2 million victims of domestic abuse, home may not be the safe place it should be.

We can help and support you if you are experiencing domestic abuse. you can contact Northumbria Police by telephone on 101 or online via [www.northumbria.police.uk](http://www.northumbria.police.uk)

However in an emergency, always call 999. If you dial 999 and are unable to speak, the emergency operator will ask you to dial 55 and to follow their instruction to quickly put you in touch with Police.

Mass: Sunday 11.30am  
Fr John McElhone— 0191 2623820

[www.wallsend-aidettes.co.uk](http://www.wallsend-aidettes.co.uk)



### Message from Fr John

We have launched new more interactive websites bringing you the most up to date news regarding our parish communities which will be updated on a daily basis.

These can be found at:

[www.staidanschurch.uk](http://www.staidanschurch.uk)

[www.stbernadetteschurch.uk](http://www.stbernadetteschurch.uk)

On our websites you will find information relating to times that churches will be open and the initiatives that we will be undertaking to try and keep in touch with parishioners.

Additionally we have a Facebook Page:

[St Aidan's and St Bernadette's Community Page](#)

which you can join.

# Stars of the Week

Our Stars of the Week this week are all the children who have been attending school at some point over the last ten weeks. Our Key Worker group of children have been absolutely fantastic, adhering to all the social distance guidelines brilliantly-always with a smile!

Well done, to each and every one of you! Keep it up!

Next week some of our Reception Class

children will be returning to school. We are looking forward to seeing you!

## Prayer for the Week

**Pope Francis**

**Prayer for protection from Coronavirus**

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas - we who are put to the test - and deliver us from every danger, O glorious and blessed Virgin.



# HoIEy Toast Winner



Mr and Mrs Milner want to try this hoIEy toast castle-but they don't have enough bread at the moment!  
Or time!!